

November



Breakfast

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
1) Cinnamon Roll 2) Cinnamon Chex Cereal w/ Honey Grahams	1) Yogurt w/ String Cheese 2) CinniPuffs (Maple Cinnamon Puffed Cereal)	No School	1) Yogurt w/ Honey Grahams 2) Cocoa Orbits Bites (Chocolate Puffed Cereal)	1) Strawberry Yogurt Parfait w/ Cinnamon Granola 2) CinniPuffs (Maple Cinnamon Puffed Cereal)
Allergy Friendly Cinnamon Chex Cereal w/ Strawberry Granola	Allergy Friendly Cheerios w/ Chocolate Granola		Allergy Friendly Cheerios w/ Chocolate Granola	Allergy Friendly Corn Chex w/ Chocolate Granola
1) Cheeseburger w/ Oven Baked Fries 2) Bean Burrito Bowl w/ Rice & Corn 3) Beef & Cheese Taco Stick w/ Corn Tajin 4) Turkey & Cheese Sub Sandwich w/ Tajin Corn	1) Penne & Meat Sauce 2) Bean & Cheese Burrito w/ Baby Carrots 3) Cheese Pizza Kit 4) P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	No School	1) Turkey Nachos w/ Refried Beans & Tortilla Chips 2) Cheese Tamale w/ Black Beans 3) Southwest Chicken Salad w/ WG Dinner Roll 4) Wowbutter Jelly Sandwich w/ Roasted Fava Beans	1) Cheese Pizza 2) Pepperoni Pizza 3) Turkey & Gravy w/ Mashed Potatoes & Dinner Roll 4) Turkey & Cheese Sub Sandwich
Allergy Friendly Turkey Marinara Bowl & Peas	Allergy Friendly Chicken Fajita Bowl w/ Green Beans		Allergy Friendly Beef Veggie Bowl w/ Zucchini	Allergy Friendly Turkey Burrito Bowl
<i>Lunch Includes:</i>	<i>Veg of the Day:</i>	<i>Featured Fruit:</i>	<i>RevUp Rewards:</i>	
Choice of 1% Low Fat White or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday: Baby Carrots (1/4 C) Tuesday: Celery Sticks (1/4 C) Wednesday: Cucumber Slices (1/4 C) w/ Tajin Thursday: Jicama Slices (1/4 C) Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch (0.75 C)	Apple (1/2 C), Banana (1/2 C), Nectarine (1/2 C), Peach (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	
				

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